The Medical Council of the Board of Health have issued the following precautions against cholera:

1. Apply for medicine immediately to stop looseness of the bowels, or it may bring on cholera.
2. Do not take any strong opening medicine without medical advice.
3. Beware of drink, for excess in beer, wine, or spirits is likely to be followed by cholera.
4. Drink no water which has not been boiled; and avoid that which is not quite clear and well tasted.
5. Avoid eating meat that is tainted, decayed or unripe fruit, and stale fish or raw vegetables. Cooked vegetables, or ripe and cooked fruit, in moderation, are a necessary part of diet at all times.
6. Avoid fasting too long; be moderate at meals.
7. Avoid great fatigue, and getting heated and then chilled.
8. Avoid getting wet, or remaining in wet clothes.
9. Keep yourself clean, and your body and feet as dry and as warm as your means and occupation will permit.
10. Keep your rooms well cleaned and limewashed; remove all dirt and impurities immediately.
11. Keep your windows open as much as possible to admit fresh air, and, if necessary, use chloride of lime or zinc to remove any offensive smells.
12. If there are any dust or dirt heaps, foul drains, bad smells, or other nuisances in the house or neighbourhood, make complaint without delay to the local authorities having legal power to remove them; or, if there be no such authorities, or if you do not know who they are, complain to the board of guardians.

The Castor-Oil Treatment for Cholera.—The Medical Committee of the General Board of Health appointed a few days a committee to consider and report upon the treatment of cholera by castor-oil. The committee consisted of Dr Paris, Dr Babington, Dr Tweedie, Dr Baly, and Mr Ward. The committee have published the result of their investigation, from which it appears that in 89 cases of cholera treated by fourteen different practitioners with castor-oil, on the plan recommended by Dr Johnson, 68 were fatal, recovery having occurred only in 15 cases, while the six remaining cases are still under treatment.